Middle School East Club Options 2025-26

February 2025

- Clubs are an important part of Middle School East. We are excited to offer a variety of clubs for the 2025-26 school year. Our hope is to offer something of interest for all our students.
- Clubs will be offered during 10th period. In order to participate in clubs, students must be in good academic and behavioral standing. If at any point during the year, a student needs additional support, clubs may be removed from their schedule. It is our hope that being a part of a club will enhance your experience as a student at Middle School East.
- Club offerings and descriptions are listed on the attached pages. Please review them carefully as you make decisions about joining a club.

How do I sign up for clubs?

- If you are interested in having a club on your schedule, please complete the interest form for your prospective grade level.
 - 5th to 6th grade music/ club selection form
 - o 6th to 7th grade music/special interest club selection form
 - 7th to 8th grade music/ special interest club selection form

When will I know if I got into a club?

Most service and competition clubs require an application. Applications are due on Wednesday, March 1st. Your counselor will let you know if you have been accepted when you have your individual scheduling meeting beginning in March (with the exception of Student Council, who will find out after elections at the end of the year).

All other special interest/ non-application clubs will be listed on your schedule that you receive over the summer. Club registration is based on schedule availability and open spots.

Do I have to join a club?

No, but we encourage everyone to get involved in something. If you already have a busy schedule and would like time during the school day to work on homework and study, clubs may not be for you. Students may select to have a study club which is a quiet environment for students to complete work and study.

Sincerely,

Mr. Maoury

The following list of clubs do NOT require an application. If you are interested in having a club on your schedule, please rank the clubs on your music & special interest club selection form. You should do this even if you have applied for application clubs.

American Sign Language (ASL) (T1 & T2 only):

Students will be introduced to the basics of ASL and Deaf culture to give them the tools to positively interact with Deaf and hard of hearing people in their community.

Animal Friends Club (Year-Long: Grades 6-8):

In Animal Friends Club, students will participate in a variety of fundraisers to raise money for local animal rescues. We typically do dog treat sales and a volleyball tournament in the spring. We also organize a trip to a local rescue during non-school hours where you can see what they do at the rescue and meet the animals.

Archery in Schools Program (Available all trimesters: Grades 6-8):

Learn and participate in an archery program where students will not only learn how to shoot, but also safety and maintenance of a bow and arrow. Improve your concentration, self-esteem, and confidence all while learning a challenging new activity.

Be An Outsider - Nature Walking Club: (Available all trimesters: Grade 6 only):

Students will traverse the gorgeous Middle School East grounds and enjoy the peace and healing of getting out in nature and walking.

Basketball Nothing But NET (Available T1 & T2: Grades 6-8):

Nothing but Net will focus on the game of basketball. In the gym, we will examine the areas of shooting, passing, dribbling, and more. We will also get into the inner workings of the game and teach basic plays and types of offenses, defenses, and presses or just offer open runs for those who want to play.

Board and Card Game Club (Available T2 & T3: Grades 6-8):

Students will be instructed upon how to play various board and card games. Each session will focus on a different game. Computer games will NOT occur in this club.

Caverns & Creatures Club (Year-Long: Grades 6-8):

You may be familiar with Dungeons & Dragons. This club will have students participating in a role-playing adventure, using an adapted rule set from Dungeons & Dragons 5th Edition. They will be following a unique adventure that Mr. Fegely has written and will journey with them on. Students should enjoy fantasy stories, acting, and participating in teamwork and cooperative dialogue. This adventure will take you the entire year to complete, so hardy and dedicated adventures apply here!

Chess Club (Available all trimesters: Grades 6-8):

In chess club, you will learn to play the board game chess. You will have the opportunity to play with an opponent face to face.

Crafting Club (Available all trimesters: Grades 6-8):

Crafters wanted! Students will create a variety of crafts depending on individual interests.

Crochet (T2 & T3: Grades 6-8):

Come learn how to crochet, learn new stitches or work on a project you have started.

Coloring Club (T2 & T3 only Grades 6-8):

Join us for coloring, relaxation, socialization, and creativity.

<u>Creative Writing Club (T2: Grades 6-8):</u>

Do you like to write? Do you wish that you had more time to work on your own writing projects? Would you like to meet some like-minded writers like you? In this club you will be introduced to various stylistic writing techniques and are given time to experiment with them in your own writing. The goal of the club is to foster your love of writing while simultaneously pushing you to challenge yourself by taking risks and writing outside of your comfort zone. Throughout the semester, you will get an opportunity to write pieces in three different genres: prose, poetry, and drama. Periodically, meetings are devoted to having students share their pieces with one another.

Come learn how to crochet, learn new stitches or work on a project you have started.

Financial Literacy /Investment Club (T1 only Grades 6-8):

We will look at building financial literacy and will learn about different types of investing and simulate investing in the stock market.

Boy Flag Football (T1 only Grades 6-8):

Learn and play the game of Flag Football including skills, drills, strategy and games.

Girl Flag Football (T1 only Grades 6-8):

Learn and play the game of Flag Football including skills, drills, strategy and games.

Floor Hockey (T2 onlyGrades 6-8):

Learn and play the game of floor hockey including skills, drills, strategy and games.

<u>Harry Potter Club (Available all trimesters: Grades 6-8):</u>

If you are a Potterhead, join us for games, crafts and trivia with a wizarding theme.

Harry Potter Movie Club (Year: Grades 6-8):

Students watch all the Harry Potter movies and have trivia days.

Homework Help (Year: Grades 6-8):

Homework Help is for the student who is serious about studies and would like a smaller setting to complete outside of class work. Students are also encouraged to use this opportunity to ask questions or seek clarification on topics that may be challenging. By utilizing this extended work session, students can stay on track and develop better academic habits.

Hunter & Trapper Education Club (Available all trimesters: Grades 6-8):

Hunter Trapper Education is required training by the Pennsylvania Game Commission, for all those who wish to buy a hunting license.

I Love the Earth(Available all trimesters: Grades 6-8):

The Club will be based on the interest of the students in the areas of Earth and Space Science. We will have different activities, talks, lessons and videos that will dive deeper into Oceanography, Meteorology, Geology and Astronomy. If you love learning about the planet, we all call home or just like rocks and minerals then this is the club for you. We may have a special activity around World Earth Day.

Intramural Sports (Available all trimesters: Grades 6-8):

Exercise and have fun while participating in a variety of team games and activities. These games could take place both indoors and outdoors.

Lady Bears Strength and Conditioning (Available all trimesters: 7th & 8th grade only):

This group is for all the lady bears (girls) who would like to work on strength and conditioning. We will be in the weight room and possibly in the gym working on lifting form and focusing on speed and agility.

LEGO Club (Available all trimesters: Grades 6-8):

LEGO Club provides a fun and collaborative atmosphere where students can build both LEGO creations and peer connections. Meetings will include opportunities to create custom and premade designs out of LEGO bricks, as well as to participate in optional building challenges. All students are welcome, regardless of building experience. LEGO bricks will be provided; please leave your personal collections safe at home.

Minds Matter (T1 & T2 only: Grades 6-8):

In this club we will practice self-care while connecting with our peers. We will learn about stress-management, practice mindfulness with movement, play games, run/walk and use creative outlet strategies to help us feel uplifted and balanced. A goal of this club will also involve training for an optional 5K race (run or walk).

NFL Fan Club (T1 & T2 only: Grades 6-8):

Calling all NFL fans! If you enjoy sports, especially football, you are welcome to join this club. We will meet and discuss what's happening in the NFL, with a particular focus on player stats and the Math behind the game. In addition, you'll learn ways to watch the game and understand it better by taking your eye off the ball and seeing what else is happening on the field.

Pen Pal Club (Available all trimesters: Grades 6-8)::

The Pen Pal Club will help improve writing skills and make meaningful connections with others through the art of letter writing! Members will write letters to local elementary school students as well as matched pen pals from a variety of safe and secure programs.

Physical Activity/Exercise (Available all trimesters: Grades 6-8):

Phys Ed Plus - a continuation of Phys Ed activities but with a higher, more in depth level of instruction, information and competition.

<u>Piano Club (Available all trimesters: Grades 6-8):</u>

This is a course designed for students who wish to learn how to play the piano and have little to no experience already. Students will use keyboard pianos in the music room for one-on-one lessons in a small group setting. Students with some piano knowledge or skills are still welcome to join and will be given time to work independently on more advanced music. Class size is limited to the number of available pianos.

<u>Planetarium - Astronomy Club (Available all trimesters: Grades 6-8):</u>

Have you ever looked up and wondered what all those lights in the sky were? If so, then maybe planetarium club is for you. If you have an interest in Astronomy you might find your gateway to the stars in this club.

Pottery Wheel/ Clay Club (Available T1 & T2: Grade 8 only):

Students will be taught how to use the pottery wheel and also experiment with other ceramic techniques

Public Speaking/Presenting Club (Available all trimesters: Grades 6-8):

Students will learn about public speaking practices, tips, etc. They will practice multiple times throughout the year using poetry, short stories, and self-created slides presentations.

Puzzle Club (Both T2 & T3: Grades 6-8):

In this club you spend time working with others putting puzzles together. Great place to use your brain power while having fun!

R/C Car Club (Trimester 3 only: Grades 6-8):

This is a club for those interested in remote control cars, along with all of R/C models including planes, trains and more. We spend time outside driving and racing our cars along with gaining mechanical skills through building and repairing our models.

Reading Club (Year: Grades 6-8):

A silent time in the day for students who enjoy reading and want a quiet space to read for enjoyment.

Reading Olympics (Year: Grades 6-8):

Do you love reading? Are you ready to share your love of books? Join Reading Olympics.

Students must commit to reading books from the assigned list and creating review questions in order to prepare for the competition in the spring.

Sow and Grow Society (Year-Long: Grades 6-8):

This is a fresh picked club for 2025-26. If you like to garden or would like to grow your gardening skills, this is a club for you. You are guaranteed to have a great thyme! Since this is a newly planted club, we are looking for motivated students who like to get their hands dirty and work hard. The inaugural year will include many tasks such as collecting donations, applying for grants, researching gardening wisdom, constructing the garden space, and of course planting and harvesting the delicious bounty. Students will get to enjoy the vegetables of their labor and we will donate our surplus to the local community.

Strength Training Club (Available all trimesters: Grades 6-8):

Students can complete pre-made weight training programs or work to create programs of their own.

Taylor Swift Friendship Bracelet Club (Available T2 & T3: Grades 6-8):

Come and create friendship bracelets by using string, beads, etc while listening to Taylor Swift music. The teacher will provide some materials, but club members are encouraged to bring other materials as well.

Useful Life Skills Club (Available T1 only Grades 6-8):

Are you ready to take on the real world? Have you ever wondered how to get your driver's permit, open a bank account, or even buy a car? Join the Useful Life Skills Club and learn everything school doesn't always teach. Through fun activities and hands-on lessons, we'll cover essential skills like budgeting, time management, decision making, communication, and more. Get ahead in life, make new friends, and be prepared for anything that comes your way!

Volleyball (T3: Grades 6-8):

An opportunity to improve or gain the skills necessary in playing volleyball.

Walking & Talk Club (T1 only: Grades 6-8):

Benefits of walking club is to increase cardiovascular fitness, increase endurance, decrease stress and gets you moving. Club will be outdoors, walking around the track or the school grounds.

Warrior Cats Club (Year: Grades 6-8):

This is a club where students who are interested in the Warrior Cats book series can come together to participate in various activities, discussions and experiences that incorporate ideas, themes and concepts from the series.

Yoga Club (Available all trimesters: Grades 6-8):

Yoga with a small group to support fitness and mental well-being.